

## ASDAN Courses

“Where everyone has a voice”



**C**ertificate of Personal Effectiveness (CoPE) has evolved

from Asdan (youth and FE) awards and specialises in accrediting achievement in personal skills development. CoPE provides our pupils with the opportunity to achieve a recognised qualification Asdan Level 1/2 Certificate of Personal Effectiveness. It provides a blend of activity based curriculum enrichment with a framework for the development of Key Skills within functional literacy and numeracy.

CoPE encompasses a body of accredited work through which our pupils can develop self-esteem, self-awareness, independent living skills, developing teamwork, problem solving and carrying out research, communicating through discussion and the ability to plan and give an oral presentation.

CoPE has been allocated performance table points - Level 1 is worth 25 points (comparable to a GCSE Grade E/F) and Level 2 is worth 46 points (comparable to a GCSE Grade B).



### Rationale for Transition Challenge

Transition Challenge offers a learner-centred, activity-based curriculum that can be undertaken with as much support as necessary. It has been developed for learners aged 14–16 with SEND, although it can be used with older age groups if appropriate.

Learners must complete the required number of activities from modules in their chosen student book. Each module can be individually certificated or learners can complete all five modules and receive a gold certificate of achievement.

There are four modules in the Sensory book: Communication and Interaction, Cognition, Physical, and Self-help and Independence. Learners must complete at least five activities to achieve each module. Download a sample copy of the [Sensory student book](#). There are five modules in the Introduction and Progression book: Knowing How, Making

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Choices, Feeling Good, Moving Forward and Taking the Lead. Learners must complete at least nine activities to achieve each module.

New Horizons is an activity-based curriculum resource which supports the delivery of PSHE, Citizenship and Careers Education. The activities also offer an opportunity to develop communication and numeracy skills in a life skills setting.

The programme has been developed for learners aged 9 to 13 who have a special educational need. It is suited for learners achieving at lower levels of the National Curriculum than their peers, in particular learners who will not sit Key Stage 2 SATs. It is also suitable for learners working across the P Levels.

The New Horizons programme is learner-centred, offering structure and flexibility; it provides recognition for small steps in achievement.

Working with their tutor, the student completes a Personal Skills section in the New Horizons Record Book for each module they do, which will help them identify specific things they're good at.

The final activity in each module is My Challenge. This requires the learner, working with the tutor, to identify something new they would like to try.

Levels of support are used to show how the learner has achieved the activity. They show individual progression and differentiation between learners:

- Experience recorded
- Gestural help
- No help
- Physical help
- Sensory experience

Miss L Williams

CoPE/Transition Challenge/New Horizons Teacher

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